

Cloth Face Coverings for Children During COVID-19

Children over age 2 should wear cloth face coverings when they can't stay 6 feet away from others outside their home.

Here are a few ideas to help make them seem less scary for children:

- Look in the mirror with the face coverings on and talk about them.
- Put a cloth face covering on a favorite stuffed animal.
- Decorate them so they're more personalized and fun.
- Show your child pictures of other children wearing them.
- Draw one on their favorite book character.
- Practice wearing the face covering at home to help your child get used to it.

How to wear a cloth face covering:

1. Secure it over their nose and mouth, stretched from ear to ear.
2. Avoid touching it once it's on.
3. Wash hands before and after wearing it.
4. Wash cloth face coverings after each wearing.

