

# Wondering about Birds with the 4E\'s

Age: Explorer (8 - 18 months), Toddlers (18-36 months)

This activity helps your child's development in this domain: Cognitive

## What You Need:



- A non-fiction picture book about birds

## What To Do:

1. Take your child on a walk outdoors and take the bird book with you. As you walk together, look for a bird.
2. When you see a bird say, point it out to her, and ask questions like, "I wonder where that bird is flying to? Where do you think it's going?"
3. Safely follow the bird and watch/point out where it lands.
4. Pique her curiosity by commenting on what you see. Say, "It landed on that tree! Do you think that's where it lives?"
5. Take out the bird book and read it to her to find out where birds build nests.
6. Say, "Now we know that some birds build their home in trees!"



Learning to Grow

University of Hawai'i Center on the Family (CTAHR)

[www.learningtogrowhawaii.org](http://www.learningtogrowhawaii.org)

*Learning to Grow*  
MAKING A DIFFERENCE TOGETHER