

Mess-Free Finger Painting

Age: Toddlers (18-36 months)

This activity helps your child's development in this domain: Physical

What You Need:



- Gallon size plastic resealable bag
- Tempera paint
- Heavy tape (duct tape and painter tape)
- White paper (optional)
- Q-tips

What To Do:

1. Add a few squirts of paint into a gallon size bag. Make sure that you're using a good quality bag with thicker plastic and durable seals.
2. Reinforce the closure of the seals and the edges with heavy tape.
3. Using the painter tape, tape the bag to your table so that it won't damage the surface. If your table is a dark color, you can put a piece of white paper underneath the bag, so that the paint will show up better.
4. Encourage your child to use her fingers or the Q-tips to "paint" on the bag. Have her explore mixing colors, making shapes, or just enjoy feeling the paint.
5. Discard the bag when your child is finished.

