

Teddy Bear Cheese Biscuits

Age: Preschool-age (3-4 years), Toddlers (18-36 months)

This activity helps your child's development in this domain: Physical, Language and Literacy

What You Need:



- 1 cup margarine or butter, melted
- 1 cup shredded sharp cheddar cheese
- 1 cup sour cream
- 2 cups flour

What To Do:

1. Have your child help combine all ingredients together in a bowl.
2. As you mix the ingredients (using a mixer or with a whisk), talk about how the ingredients are blending together.
3. Together, pat the dough into a ball, and roll dough out flat.
4. Talk to your child about how to use a cookie cutter and together cut out biscuits using a teddy bear (or other shaped) cookie cutter.
5. Place the cut shapes onto a pan and bake in a 350 degree oven for 15-20 minutes until golden brown.
6. After making the biscuits, you can encourage your child to have a "Teddy Bear Tea Party!" Have your child bring her teddy bears or stuffed animals to the party and have a magical time together eating the biscuits and sipping water or milk from a tea cup.

Adapted from <https://www.kids-cooking-activities.com/teddy-bear-tea-party.html>



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