

Listening Walk

Age: Preschool-age (3-4 years)

This activity helps your child's development in this domain: Language and Literacy

What You Need:



- *The Listening Walk* by Paul Showers (optional)

What To Do:

1. Let your child know that you will be going on a "listening walk" together.
2. Read the book, *The Listening Walk*, if you have it or are able to borrow it from the library.
3. As you walk with your child, tell him that you will not be talking, but just listening to the sounds around you as you walk.
4. As you take your quiet, unhurried walk together, identify the sounds around you (e.g., the sound your shoes make as you walk, or an airplane flying overhead), and ask your child to share with you what sounds he hears.
5. Enjoy the wonder of slowing down to listen to the sounds all around you!

Adapted from clarkeschools.org/listeningwalk



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