

# Teach your Baby Sign Language

Age: Infants (0-8 months)

This activity helps your child's development in this domain: Language and Literacy

## What You Need:



- None

## What To Do:

1. View a resource such as [babysignlanguage.com](http://babysignlanguage.com) to familiarize yourself with simple signs to teach baby.
2. Say a word and make the gesture at the same time. For example, when you hand your baby milk, say "milk" while making the sign for it (an open and closed fist/milking gesture).
3. Pair the sign with the word every time you say it - repetition is key.
4. Start with useful and practical signs like 'milk,' 'eat,' 'more' and 'all done.'
5. Find opportunities to sign with baby throughout the day, from mealtimes to walks in the park to just playing together at home.



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