

Ruthies Crunchy Chicken

Age: Preschool-age (3-4 years), Toddlers (18-36 months)

This activity helps your child's development in this domain: Physical

What You Need:



- 3 cups cornflakes cereal
- 10 chicken legs (drumsticks)
- $\frac{3}{4}$ stick melted butter
- seasoned salt, sprinkle
- paprika, sprinkle

What To Do:

1. Preheat the oven to 350 degrees.
2. Have your child scoop the cornflakes into a gallon size re-sealable plastic bag and crush them with a rolling pin. Be sure to point out the different sounds you hear while making this dish together. For example, the sound of the cornflakes being crushed.
3. Have your child dump the crushed cornflakes into a pie tin or other shallow dish.
4. As you work with the chicken, describe what you're doing to your child. Pat each drumstick dry with a paper towel, dip it in the butter, then roll it in the crushed cornflakes until covered. Wash your hands well after touching the raw chicken.
5. Place the cornflake-coated drumsticks into a baking pan (they shouldn't be touching one another), and sprinkle with seasoned salt and paprika.
6. Bake at 350 degree for about 1 hour (The chicken is done when you can pull the meat off with a fork).



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