

Textures

Age: Infants (0-8 months)

This activity helps your child's development in this domain: Physical

What You Need:



- Various textures that are safe for your baby to touch, such as a piece of paper, a ball of sticky masking tape, a piece of cloth, or a clean sponge

What To Do:

1. Let your baby feel an object, then gently brush it on your baby's skin.
2. Talk about what it is and how it feels: "This paper is smooth. This sponge feels rough."

Variation: Play together on different surfaces, such as grass, a carpet or a futon, and talk about how they feel.

! Safety Alert: Do not let your baby play with a small object or put it in her mouth. Items that are small enough to fit through a toilet paper tube can cause choking if swallowed.

