

Motorboat, Motorboat

Age: Infants (0-8 months)

This activity helps your child's development in this domain: Physical

What You Need:



Nothing

What To Do:

1. Lay your infant on his back on a soft surface such as a changing table, carpeted floor, or a comfortable blanket.
2. Take hold of his feet in your hands.
3. Start moving his feet back and forth, slowly at first and then faster.
4. Recite the following rhyme as you move his feet:

Motorboat, motorboat, go so slow (while moving his legs slowly)

Motorboat, motorboat go so fast (move his legs a little faster)

Motorboat, motorboat step on the gas! (move his legs even faster)



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1. Watch to see if your infant starts to move his legs with you or push against you.
2. Do it over again as long as he seems to enjoy it.