

Mama or Papa Animals

Age: Toddlers (18-36 months), Explorer (8 - 18 months)

This activity helps your child's development in this domain: Physical, Language and Literacy

What You Need:



- Book about mother animals and their babies

What To Do:

1. Look through the book with your child.
2. Point out an animal that walks on all four legs.
3. Get down on all fours and playfully pretend to be a mama or papa animal with her baby.
4. Ask your child to crawl and follow you around on all fours.
5. Explain the habits of each animal and act out their life styles. For example, climb over cushions as if climbing hills or mountains; crawl under tables and chairs like animals burrowing in the ground.



Learning to Grow

University of Hawai'i Center on the Family (CTAHR)

www.learningtogrowhawaii.org

Learning to Grow
MAKING A DIFFERENCE TOGETHER