Mama or Papa Animals

Age: Explorer (8 - 18 months), Toddlers (18-36 months)

This activity helps your child's development in this domain: Language and Literacy, Physical

What You Need:



• Book about mother animals and their babies

What To Do:

- 1. Look through the book with your child.
- 2. Point out an animal that walks on all four legs.
- 3. Get down on all fours and playfully pretend to be a mama or papa animal with
- 4. Ask your child to crawl and follow you around on all fours.
- 5. Explain the habits of each animal and act out their life styles. For

example, climb over cushions as if climbing hills or mountains; crawl under tables and chairs like animals burrowing in the ground.



