Picker-Upper Vacuum Cleaner

Age: Preschool-age (3-4 years)

This activity helps your child's development in this domain: Physical

What You Need:

- Toys to be put away

What To Do:

1. When it’s time to clean up, say, “Vroom! Vroom! It’s time to become a vacuum cleaner and clean up!”

2. As you clean up together, encourage your child to bend, reach and grab in all kinds of directions: forward, backward, above, below, around, and through, as well as, directions that cross the midline.

Adapted from Sesame Street: We Have the Moves!