

Ooh La La Oobleck (aka "Goop")

Age: Explorer (8 - 18 months), Toddlers (18-36 months)

This activity helps your child's development in this domain: Physical, Social-Emotional

What You Need:



- Plastic tablecloth
- Two parts cornstarch
- One part water
- Large mixing bowl, foil pan, or plastic tub
- Measuring cup
- Pitcher
- Painting aprons or old t-shirts
- Bucket of water and towels for cleanup

What To Do:

1. This activity can be a bit messy, so be sure to cover the table with a plastic tablecloth.
2. Have your child help pour the water into the bowl, then add the cornstarch.
3. Have her mix the ingredients together with her hands or a spoon until it reaches a gooey consistency.
4. Encourage her to grab a handful of Oobleck and squeeze it.
5. Ask her questions such as, "What will happen if you roll it into a ball?" or "What will happen when you let go?"
6. Talk to her about what it feels like and what is happening. Use words such as: liquid, solid, mix, gooey, squeeze, ooze, slippery.

(Adapted from *Baby Steps to STEM* by Jean G. Barbre)



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