

Poetry in Motion

Age: Toddlers (18-36 months)

This activity helps your child's development in this domain: Language and Literacy

What You Need:

None



What To Do:

1. Recite this poem slowly and show your child how to act out the movements with you:

Hop a little, jump a little, one, two, three.

Run a little, clap a little, tap one knee.

Bend a little, stretch a little, wiggle your head.

Hop a little, jump a little, one, two, three.



Learning to Grow

University of Hawai'i Center on the Family (CTAHR)

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MAKING A DIFFERENCE TOGETHER

1. Make up your own poem with movements to act out. If you speak more than one language, recite the poem in a different language.

