

# Lasagna Cups

Age: Preschool-age (3-4 years), Toddlers (18-36 months)

This activity helps your child's development in this domain: Language and Literacy, Cognitive

## What You Need:



- Cooking spray
- 24 Won ton wrappers
- 1 cup grated Parmesan cheese
- 1 cup shredded mozzarella cheese
- $\frac{3}{4}$  cup ricotta cheese
- 1 cup pasta sauce
- $\frac{1}{3}$  pound cooked ground beef (optional)
- Muffin pan (12 muffin cups), sprayed with cooking spray

## For topping:

- $\frac{1}{4}$  cup grated Parmesan cheese
- $\frac{1}{4}$  cup shredded mozzarella cheese

## What To Do:



Learning to Grow

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1. Preheat the oven to 375 degrees.
2. Have your child place a won ton wrapper in each muffin cup.
3. Divide the cheeses, ground beef, and pasta sauce in half, placing one half on the side to use later.
4. Layer the Parmesan cheese, mozzarella cheese, ricotta cheese, ground beef, and pasta sauce on top of each won ton wrapper.
5. Have your child place another won ton wrapper into each muffin cup, on top of the lasagna mixture, counting each one aloud.

6. With the other half of the ingredients, repeat the steps of layering onto each won ton wrapper: cheeses, ground beef, and pasta sauce.
7. Add the remaining Parmesan cheese and mozzarella cheese to create a topping for each cup.
8. Bake for about 18-20 minutes.
9. Let cool for 5 minutes and pop out with a knife.

Adapted from: [allrecipes.com](http://allrecipes.com)

