

Make a Kiss Box

Age: Preschool-age (3-4 years)

This activity helps your child's development in this domain: Social-Emotional, Physical

What You Need:



- 2 small boxes or containers (one for you and one for the child)
- Child- sized scissors
- Paper

What To Do:

1. Decorate the outside of the small boxes with paint, markers, or stickers.

Label each of the boxes (e.g., "Mom's Kiss Box" or "Joshua's Kiss Box").

2. Make "kisses" by having your child cut out hearts (or any shape) and then write the word "kiss" on each heart. If he is not able to write it, let him draw.

3. Talk about how the hearts represent kisses from each other. Take turns

putting your "kisses" in the child's box, and his "kisses" in your box. As

he puts a "kiss" in his box, kiss him on the cheek or hand.

4. Tell him that when he is feeling sad and missing you, he can go into his "Kiss Box" and get a kiss from you.



Learning to Grow

University of Hawai'i Center on the Family (CTAHR)

www.learningtogrowhawaii.org

Learning to Grow
MAKING A DIFFERENCE TOGETHER