

Face Time with Baby

Age: Infants (0-8 months)

This activity helps your child's development in this domain: Social-Emotional, Physical, Language and Literacy

What You Need:



None

What To Do:

1. Make eye contact with baby (about 10 inches from her face) Say, "Hi Malia, look at mama."
2. Move your face in a variety of direction: slowly up, down, left, then right.

Be sure to begin and end each move directly in front of her face.
3. If she reaches for your face, move closer and let her touch you.
4. Next, cover your face with your hands and pause.
5. Then pull your hands slowly away, revealing a different facial expression each time, (e.g., excited, surprised, tired, sad, funny).
6. Talk to your baby after making your facial expression, ask "Did you like that face?"



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