

# Nature Walk

Age: Preschool-age (3-4 years)

This activity helps your child's development in this domain: Social-Emotional, Physical, Language and Literacy, Cognitive

## What You Need:



- Bag or box to hold collected objects

## What To Do:

1. Walk outdoors with your child and collect natural materials such as small rocks, sticks, twigs, and dried leaves that you find.
2. Encourage your child to sort the objects into piles of the same types of items. For example, one pile of rocks, one of leaves, and so on. Talk about how the items in each pile are alike or different.
3. Ask questions such as, "Which pile do you think has the most? Which one has the least?"
4. Confirm guesses by counting the items with her.



Learning to Grow

University of Hawai'i Center on the Family (CTAHR)

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