Bird's Nest

Age: Preschool-age (3-4 years), Toddlers (18-36 months)

This activity helps your child's development in this domain: Physical, Language and Literacy

What You Need:

- 6 bread slices of your choice
- Large handful of spinach, broken into smaller pieces
- ¼ cup cheese, grated
- 6 eggs
- 6 slices of turkey bacon, cooked and crumbled
- Salt and pepper to taste
- 2 Tbsp. of butter or cooking spray
- Circle cookie cutter or cup (to cut circles out of the bread)

What To Do:
1. Preheat your oven to 375°.
2. With your child, use the rolling pin to flatten the bread slices.
3. Cut circles out of the flattened bread slices and spread with butter. Save the excess bread and have your child break them into smaller pieces.
4. Lightly spray or coat the bottom of the muffin tin with butter.
5. Have your child lay 2/3 of the tin full with bread pieces. Then place 1 bread circle in each tin.
6. Together, sprinkle spinach, cheese, and bacon on top of the bread to fill each muffin tin.
7. Then, crack and scramble an egg and have your child pour it into one muffin tin. Repeat with the 6 eggs till all the tins are filled.
8. Bake for 15 minutes or until the egg is cooked. Talk about how the mixture will change and how the ingredients will combine together.