Sweet Pea Lasagna

Age: Preschool-age (3-4 years), Toddlers (18-36 months)

This activity helps your child's development in this domain: Physical, Language and Literacy

What You Need:

- 1 -10 ounce package frozen peas, thawed and drained
- 1 -16 ounce container ricotta cheese
- Salt and pepper to taste
- 1-16 ounce jar marinara sauce
- 1 - 9 ounce package no boil lasagna noodles
- ¼ cup shredded mozzarella
- 8 inch square baking dish

What To Do:

1. In a medium bowl, have your child combine the ricotta cheese, peas, and a pinch of salt and pepper. Talk about how each ingredient changes as it gets mixed together.
2. Scoop half the marinara sauce into an 8-inch square pan. Have your child put 4 sheets of lasagna noodles over the sauce.
3. Together, spread half the ricotta mixture over the noodles and top with a 2 sheets of lasagna noodles. Then, spread the remaining ricotta mixture onto the noodles. Again, top with 4 sheets of lasagna, then the remaining marinara.
4. Sprinkle with mozzarella on top. Cover the pan with foil and bake until the noodles are tender, 45 to 50 minutes.
5. Ask your child what she thinks the lasagna will look and taste like. Enjoy together!
Adapted by:

http://www.realsimple.com/food-recipes/browse-all-recipes/sweet-pea-lasagna-recipe