Counting Steps

Age: Preschool-age (3-4 years)

This activity helps your child's development in this domain: Physical, Cognitive

What You Need:

None

What To Do:

1. Call your child’s name and tell him to take a number of steps forward.
2. Ask him to count aloud as he takes the steps.
3. Repeat the activity with a different number and for variety, ask your child to take different kinds of steps:

- baby steps - small steps
- giant steps - large steps
- bunny steps - hopping