Turkey Bacon Muffin

Age: Preschool-age (3-4 years), Toddlers (18-36 months)

This activity helps your child's development in this domain: Physical, Cognitive

What You Need:

- 2 packages cornbread mix
- 2 Tablespoons brown sugar
- 2 eggs
- 1 1/2 cups milk
- 1 cup grated cheddar cheese
- 4 strips of turkey bacon cooked, cut into pieces

What To Do:

1. Preheat oven to 400 degrees. Lightly grease muffin tins.
2. In a large bowl, have your child stir together the cornbread mix and the brown sugar.
3. In another bowl, whisk the eggs and milk until smooth.
4. Pour the wet ingredients into the dry corn bread mixture and ask your child to stir them together. Talk about how the mixture is changing.
5. Spoon the mixture into muffin tins until 2/3 full.
6. Have your child place 6 turkey bacon pieces into each muffin tin.
7. Bake in for 14-18 minutes or until golden brown.