

# Play Time, Work Time

Age: Infants (0-8 months)

This activity helps your child's development in this domain: Social-Emotional, Language and Literacy

## What You Need:



Secure front pack made for baby

## What To Do:

1. Put baby in a secure front pack, making sure he's comfortable.
2. Go through your routine of doing household tasks such as sweeping, doing dishes, folding laundry, raking leaves, or planting flowers.
3. Describe what you are doing or sing a song for your child.
4. Your child will love being close to you, and your voice and the rhythm of the movement may engage him or even lull him to sleep.



Learning to Grow

University of Hawai'i Center on the Family (CTAHR)

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