

Pizza Roll Ups

Age: Preschool-age (3-4 years), Toddlers (18-36 months)

This activity helps your child's development in this domain: Physical, Language and Literacy, Cognitive

What You Need:



- 1 can refrigerated crescent rolls
- Turkey pepperoni
- Frozen chopped broccoli
- 4 pieces string cheese, cut in half
- $\frac{1}{4}$ tsp garlic or onion powder
- Pizza sauce

What To Do:

1. Preheat oven to 375°
2. Together with your child, unroll crescent rolls and lay out the 8 triangles on a cookie sheet. Talk about the shapes of each of the crescent rolls.
3. Have your child top each roll with a variety of toppings: pepperoni, a scoop of broccoli, and a string cheese half. Make this step a game by encouraging him to count each item, having him copy you, or asking him what comes next.
4. Carefully, roll up the ingredients into the crescent.
5. Sprinkle rolls with garlic or onion powder.
6. Bake for 12 - 15 minutes or until golden. Make predictions about how the ingredients will change and how it will taste.
7. Serve warm with pizza sauce for dipping.

Adapted from: <http://thewoodenspoondiaries.blogspot.com/>



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