

Expressing Needs

Age: Explorer (8 - 18 months)

This activity helps your child's development in this domain: Language and Literacy, Cognitive

What You Need:



Nothing

What To Do:

1. Give your child words to describe his needs. Help your child talk about what he sees and experiences. For example, "Would you like me to get you a spoon for your cereal." "Let's take a bath before your bedtime; can you help find your towel?" "It's raining outside; let's get your jacket."
2. Guess what his needs are by observing his gestures and body language. When he looks at or points to an object, try to put his action into words to show him you are trying to understand. For example, "Do you need help with the doll?"
3. When he uses simple words such as cold or hungry, repeat his request using a full sentence and respond to him quickly to let him know you understand. For example, you may answer by saying, "Yes, it's cold. Do you want your jacket?"



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