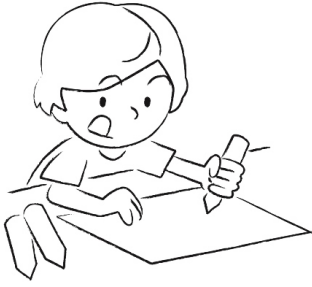


# My Body Puzzle

Age: Preschool-age (3-4 years)

This activity helps your child's development in this domain: Physical, Cognitive

## What You Need:



Paper or brown paper grocery bag (for bigger outlines)  
Pencil  
Crayons  
Scissors (for adult use only)  
Cardboard  
White glue or glue stick

## What To Do:

1. Have your child select a body part that he wants traced.
2. Trace an outline of the body part on the paper. Cut it out in one piece then glue it onto cardboard.
3. Have him decorate it with crayons. Talk about how each part of his body makes him unique and special.
4. Cut the puzzle into pieces (start out with a few large pieces and then increase the number of pieces as your child becomes more familiar with the activity) and encourage your child to put it all together!



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