

Family Rules

Age: Preschool-age (3-4 years)

This activity helps your child's development in this domain: Social-Emotional, Language and Literacy, Cognitive

What You Need:



- Pencils
- Crayons
- Markers
- Unlined paper

What To Do:

1. Your preschooler can help you create simple rules that can be followed by everyone in the family.
2. Ask your child to think of actions that will keep the family safe and happy.
3. Take turns listing rules on a piece of paper. For example, pick up toys after you are finished playing with them.
4. Talk about why each rule is important. Keep the list short.
5. Choose one of the rules, and have your child draw a picture of what that rule means.
6. Review the rules together daily and help your children follow them. This will let your child know what is expected of him ahead of time.
7. Acknowledge your child when he follows the rules.



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