

# Pizza Balls

Age: Preschool-age (3-4 years), Toddlers (18-36 months)

This activity helps your child's development in this domain: Social-Emotional, Physical, Language and Literacy, Cognitive

## What You Need:



1 canned refrigerated biscuits (10 count)  
Pepperoni slices  
1/2 block mozzarella cheese, sliced into 2" squares  
1 beaten egg white  
Mixture of 1 teaspoon parmesan cheese, garlic powder, and Italian seasonings  
1 jar spaghetti sauce

## What To Do:

1. Preheat oven to 425°F and grease a 9"x13" baking pan or cooking sheet.
2. Have your child help flatten the biscuits, pushing the tops gently.
3. Together, stack two slices of pepperoni and one cheese square on top of the biscuit. Count as you add each ingredient and ask questions such as, "What comes next?"
4. Fold the edges of each biscuit to the center and gently pinch them together to seal into a ball. Talk about what you are doing. Say, "We're folding the edges to the middle and now the biscuit looks like a round ball."
5. Place the ball, seam side down on the pan and brush the tops with egg white.
6. Have your child sprinkle the mixture of seasonings on each biscuit.
7. Bake for 18-20 minutes. As it's baking, talk about how the biscuits will change and make predictions on how it will taste.
8. Serve with warm spaghetti sauce.



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Adapted from: [www.pillsbury.com/recipes](http://www.pillsbury.com/recipes)



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