

# Noodle Doodle

Age: Toddlers (18-36 months)

This activity helps your child's development in this domain: Physical

## What You Need:



- Cooked noodles, e.g., saimin, pancit, ramen, or spaghetti
- Tray or large unbreakable plate

## What To Do:

1. When your family is eating noodles, place a few cooled noodles on a tray or plate for your child.
2. Show him how to form different squiggles or shapes with a noodle by moving it around.
3. Let your child handle the noodles and make his own shapes.
4. Talk about what he is doing or what he sees. For example, "You made a long, straight line." "Aunty is eating her noodles with chopsticks; Daddy is using a fork."



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