

More Fun with Movement

Age: Toddlers (18-36 months)

This activity helps your child's development in this domain: Physical

What You Need:



None

What To Do:

1. Sing the "Hokey Pokey" song while acting out the words:

You put your right hand in. (Put right hand in front of body.)

You take your right hand out. (Put right hand in back of the body.)

You put your right hand in, (Put right hand in front again.)

And you shake it all about. (Shake right hand.)

You do the hokey pokey, (Shake body and wave hands in the air.)

And you turn yourself around. (Spin around)

That's what it's all about.

2. Add in other parts of the body; left hand, right foot, left foot, head and whole self.

3. If you speak more than one language, substitute words from a different language for various body parts.



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