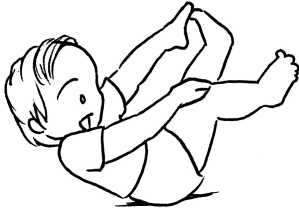


Fun with Movement

Age: Toddlers (18-36 months)

This activity helps your child's development in this domain: Physical

What You Need:



None

What To Do:

1. Sit on the floor with your toddler. Recite this poem and act out the motions:

Wiggle your toes, one, two, three.

Wiggle your toes just like me.

Now tell the wiggles to go away (Shake your pointing finger.)

And sit very still for the rest of the day.

2. Substitute other parts of the body: finger, elbows, shoulder, and nose.

3. If you speak more than one language, recite the poem in a different language.



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