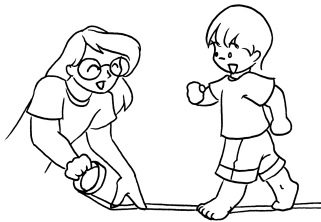


# Tape Walk

Age: Toddlers (18-36 months)

This activity helps your child's development in this domain: Physical

## What You Need:



- Masking tape

## What To Do:

1. Put a long strip of masking tape on the floor.
2. Show your toddler how to walk on the line, putting one foot in front of the other.
3. Count the number of steps it takes to get to the end of the tape.
4. Once he can do this well, make zigzag line with the tape; ask him to follow the line.
5. Provide positive encouragement as he practices following the line.
6. Describe what he is doing, using words like "straight," "crooked," "long," and "short."
7. Play follow-the-leader. Take turns being the leader.
8. Pretend the line is taking your child somewhere and make up stories about where he is going.



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