

Fun with Balls

Age: Toddlers (18-36 months)

This activity helps your child's development in this domain: Physical

What You Need:



- Balls of different sizes
- A box

What To Do:

1. Get several balls of different sizes for your child to play with. Large ones are nice for rolling and chasing. Small ones are good for tossing and throwing.
2. Talk about each of the balls. For example, "This ball is red. This one is blue. The red ball is bigger than the blue ball."
3. Ask your child to "Get the smallest ball," or "Put all the big balls together."
4. Show her how to toss a ball into an empty box.
5. Praise and encourage her as she tries to toss the balls into the box: "Almost, good try," or "Good throw!"



Learning to Grow

University of Hawai'i Center on the Family (CTAHR)

www.learningtogrowhawaii.org

Learning to Grow
MAKING A DIFFERENCE TOGETHER