

Push and Go

Age: Explorer (8 - 18 months)

This activity helps your child's development in this domain: Physical

What You Need:



- A push toy or stroller

What To Do:

1. If you have a push toy with a long handle, encourage your child to stand and hold the toy by its handle.
2. Encourage him to walk while pushing the toy.
3. Talk about what happens when he pushes the toy.
4. If you have a stroller, let him hold onto the stroller and push it around at home or at the park.

Safety Alert: As children gain better muscle control of their bodies, wobbly first steps soon become "I-can-conquer-the-world" movements. To prevent accidental injuries, make your home safer by putting safety-approved gates at the top and bottom of stairways and by keeping the floor free of possible hazards that could cause injury if he falls.

