

Box Car Fun

Age: Explorer (8 - 18 months)

This activity helps your child's development in this domain: Physical

What You Need:



- A sturdy cardboard box big enough for your child to sit in or a laundry basket
- A pillow

What To Do:

1. When your child can sit up on her own, place her in the box or laundry basket and show her how to hold on to the sides.
2. Prop her up with a small pillow behind her back.
3. Gently push her around the room.
4. Talk about where you're going. Make car sounds as you go.

Variation:

1. Securely attach a piece of rope or a belt to the box or laundry basket and gently pull it with your child riding in it. Be careful that the box or basket does not tip backwards as you pull it.
2. When she can walk, have your child put some of her stuffed animals or toys in the box car and push or pull it around. Ask her where she and her friends are going.



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