

Sounds and Rhythm

Age: Explorer (8 - 18 months)

This activity helps your child's development in this domain: Physical

What You Need:



- Paper or an old magazine
- Blocks
- A wooden spoon
- A cardboard box, plastic container, pot, or pan

What To Do:

1. Let your child experiment with making different sounds.
2. Show her how to rip piece of paper or an old magazine.
3. Bang two blocks together to make sounds, then encourage her to do it herself.
4. Give her a wooden spoon to bang on a cardboard box, plastic container, pot, or pan. A sock over a spoon will soften the sound.
5. Talk about what your baby is doing and describe the sounds she is making. Use words like "loud," "soft," "same," and "different."
6. Count out loud while playing. For example, ask, "Can you hit the pot two times?" Show her what you mean. When she copies you, count "one, two." Give her positive encouragement for her efforts: "Yes, you hit it two times," or "What a loud sound you made!"



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