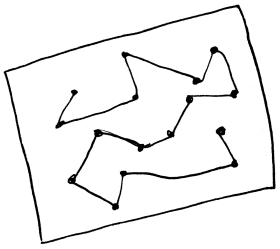
Dot to Dot

Age: Preschool-age (3-4 years)

This activity helps your child's development in this domain: Cognitive

What You Need:



- Jumbo crayons, washable markers, or colored pencils
- Paper

What To Do:

1. Have your child freely draw dots all over a sheet of paper.
2. Ask her to connect the dots by drawing a line from one to another.
3. As she draws the line connecting each dot, help her label the dots in sequence using numbers (1, 2, 3, 4…) or letters of the alphabet (A, B, C, D…). Say each label out loud as you write it. Don’t be concerned if the line between dots isn’t straight.
4. When she is done connecting the dots and the dots have been labeled, help her to follow the dots and lines with her finger, saying the sequence aloud from beginning to end.

VARIATIONS:

1. Use three-dimensional dots by gluing flat seeds, sequins, or buttons to paper.
2. Help your child to read the sequence in reverse order (10, 9, 8, 7…)