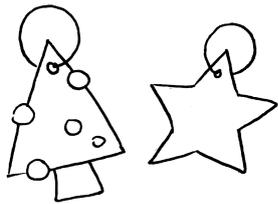


Easy Cinnamon Applesauce Ornaments

Age: Preschool-age (3-4 years)

This activity helps your child's development in
this domain: Social-Emotional

What You Need:



- 1 cup smooth applesauce
- 1-¼ cup ground cinnamon

What To Do:

1. In a large bowl, mix together cinnamon and applesauce until a smooth ball forms. Dough should not be sticky. It should be moist and easy to handle. If necessary, adjust cinnamon or applesauce until easy to handle.
2. Divide dough into two equal parts, and shape into discs. Optional: chill dough for an hour. Chilled dough will become slightly firmer and easier to handle.
3. Preheat the oven to 200° F. Line two baking sheets with parchment paper.
4. Sprinkle a work surface well with cinnamon. Place one disc of dough down on the cinnamon coated surface, sprinkle top with cinnamon and roll to ¼ - inch thickness. Cut out shapes using cookie cutters. Use a straw to carefully remove a hole for where the string goes later. Transfer to prepared baking sheet and repeat with remaining dough.
5. Bake ornaments for 2 hours or until completely firm.
6. Cool completely. Thread string or ribbon through the ornament holes.
7. Ornaments can be hung on trees, or given as gifts.

Dough will make roughly 2 dozen 3-inch ornaments.



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