Cup Phones

Age: Preschool-age (3-4 years)

This activity helps your child's development in this domain: Social-Emotional

What You Need:

- 2 disposable cups (paper, plastic, or foam)
- String (about 3-4 feet)
- 2 toothpicks

What To Do:

1. Make a small hole in the bottom of each cup.
2. Thread one end of the string through the hole in one of the cups, from the outside in.
3. Tie the end of the string around a toothpick to keep it anchored inside of the cup. Place a piece of tape over the toothpick to secure it to the bottom of the cup.
4. Repeat with the second cup, connecting it to the other end of the string.
5. Have your child hold up one cup to her ear.
6. Speak into the other cup, standing far enough away so that the string does not sag.
7. Ask your child to speak into her cup to tell you what she heard or to answer a question you asked, while you listen with your cup.